# **Christian Prayer Beads**

For Anglican, Episcopal and Christian Faiths



The 33 bead Anglican Episcopal Rosary was conceived in the mid 1980s by Reverend Lynn Bauman through the inspirations from a contemplative prayer group. The design incorporates several elements from both the Orthodox Chotki or prayer rope and the Catholic Rosary.

# **Anglican Rosary Structure and Use**

Christian Prayer Beads are made up of twenty-eight *Week* beads divided into four groups of seven beads each. Early Christian beliefs attribute the number seven to spiritual perfection. In between each week is a single *Cruciform* bead. The intersection of these four beads forms a cross. The *Invitatory* bead above the Cross brings the total number of beads to thirty-three, the number of years Jesus spent on this earth as a man.

# **Praying with the beads**

First, say a prayer on the Cross, then say a prayer on the Invitatory Bead. The circle of prayer begins with the first Cruciform Bead. Praying through the beads three times and adding the crucifix brings the total to one hundred, the same number as the Orthodox Chotki. A period of silence normally follows in order to reflect and contemplate on the experience. There is no set prayer format for Christian Prayer Beads. You are free to make up your own or use these prayers as you wish.

## **Come Lord Jesus Prayer**

## On The Cross, Pray;

"Blessing and glory and wisdom and thanksgiving and honor and power and might be to our God forever and ever! Amen."—Revelation 7:12

## On The Invitatory Bead;

"God is our refuge and strength, a very present help in time of trouble."—Psalm 46:1

#### On The Cruciform Beads;

"Bless the Lord, O my soul, and all that is within me, bless God's Holy Name."—Psalm 103:1

#### On The Week Beads:

"Come Lord Jesus, draw us to yourself."—John 12:32

## The Agnus Dei (Lamb of God) Prayer

# On the Cross, say the Lord's Prayer On The Invitatory Bead;

"Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my strength and my redeemer."—Psalm 19:14

#### On The Cruciform Beads;

Oh, Lamb of God that taketh away the sins of the world have mercy upon us,

Oh, Lamb of God that taketh away the sins of the world have mercy upon us,

Oh, Lamb of God that taketh away the sins of the world give us Thy Peace.

#### On The Week Beads;

Almighty and merciful Lord, Father, Son, and Holy Spirit, bless us and keep us. Amen.

# Trisagion (Thrice Holy) and Jesus Prayer

## On The Cross, Pray;

In the Name of God, Father, Son, and Holy Spirit, Amen.

#### On The Invitatory Bead;

O God make speed to save me (us), O Lord make haste to help me (us), Glory to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and will be forever. Amen.

#### On The Cruciform Beads:

Holy God, Holy and Mighty, Holy Immortal One, Have mercy upon me (us).

#### On The Week Beads;

Lord Jesus Christ, Son of God,

Have mercy on me, a sinner.

Or, in a group setting:

Lord Jesus Christ, Son of God, Have mercy upon us.

## **Bless the Lord**

#### On The Cross, Pray;

Blessed be the One, Holy, and Living God. Glory Be to God, forever and ever. Amen

#### On The Invitatory Bead;

O God make speed to save me (us), O Lord make haste to help me (us), Glory to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and will be forever. Amen.

#### On The Cruciform Beads;

Behold now, bless the Lord, all you servants of the Lord. You that stand in the house of the Lord, lift up your hands in the holy place and bless the Lord.

#### On The Week Beads;

I lift up my eyes to the hills; From where is my help to come? My help comes from the Lord, The Maker of heaven and earth.

## **Julian of Norwich Prayer**

#### On The Cross, Pray;

In the Name of God, Father, Son, and Holy Spirit.

Amen.

#### On The Invitatory Bead;

O God make speed to save me (us), O Lord make haste to help me (us), Glory to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and will be forever. Amen.

#### On The Cruciform Beads:

God of your goodness, give me yourself, For you are enough to me. And I can ask for nothing less that is to your glory. And if I ask for anything less, I shall still be in want, for only in you have I all.

#### On The Week Beads:

All shall be well, and all shall be well, And all manner of things shall be well.

#### $\mathbf{Or}$

In His love He has done His works, and in His love He has made all things beneficial to us.

This prayer was created by Sister Brigit-Carol, S.D.

## **An Evening Prayer**

## On The Cross, Pray;

Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and will be for ever. Amen.

#### On The Invitatory Bead;

Open my lips, O Lord, and my mouth shall proclaim Your praise.

#### On The Cruciform Beads;

Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

#### On The Week Beads;

Jesus, lamb of God, have mercy on us. Jesus, bearer of our sins, have mercy on us. Jesus, redeemer of the world, give us your peace

## **A Celtic Prayer**

#### On The Cross, Pray;

In the Name of God, Father, Son, and Holy Spirit, Amen.

#### On The Invitatory Bead;

O God make speed to save me (us), O Lord make haste to help me (us), Glory to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and will be forever. Amen.

#### On The Cruciform Beads;

Be the eye of God dwelling with me, The foot of Christ in guidance with me, The shower of the Spirit pouring on me, Richly and generously

#### On The Week Beads;

(Pray each phrase on a separate bead) I bow before the Father who made me, I bow before the Son who saved me, I bow before the Spirit who guides me, In love and adoration. I praise the Name of the one on high. I bow before thee Sacred Three, The ever One, the Trinity. This prayer was created by Sister Brigit-Carol, S.D.

## Saint Patrick's Breastplate

## On The Cross, Pray;

I bind unto myself today the strong Name of the Trinity, by invocation of the same, the Three in One, and One in Three. Of whom all nature hath creation, eternal Father, Spirit, Word: praise to the Lord of my salvation, salvation is of Christ the Lord.

#### On The Invitatory Bead;

Christ be with me, Christ within me, Christ behind me, Christ before me, Christ beside me, Christ to win me, Christ to comfort and restore me. Christ beneath me, Christ above me, Christ in quiet, Christ in danger, Christ in hearts of all that love me, Christ in mouth of friend and stranger.

#### On The Cruciform Beads;

I bind unto myself today the strong Name of the Trinity, by invocation of the same, the Three in One, and One in Three.

#### On The Week Beads;

- 1. I bind this day to me for ever, by power of faith, Christ's Incarnation;
- 2. His baptism in Jordan river;
- 3. His death on cross for my salvation;
- 4. His bursting from the spicèd tomb;
- 5. His riding up the heavenly way;

- 6. His coming at the day of doom;
- 7. I bind unto myself today.
- 1. I bind unto myself the power of the great love of cherubim;
- 2. The sweet "Well done" in judgment hour;
- 3. The service of the seraphim;
- 4. Confessors' faith, apostles' word,
- 5. The patriarchs' prayers, the prophets' scrolls;
- 6. All good deeds done unto the Lord,
- 7. and purity of virgin souls.
- 1. I bind unto myself today the virtues of the starlit heaven.
- 2. The glorious sun's life-giving ray,
- 3. The whiteness of the moon at even,
- 4. The flashing of the lightning free,
- 5. The whirling of the wind's tempestuous shocks,
- 6. The stable earth, the deep salt sea,
- 7. Around the old eternal rocks.
- 1. I bind unto myself today the power of God to hold and lead.
- 2. His eye to watch, his might to stay,
- 3. His ear to hearken, to my need;
- 4. The wisdom of my God to teach,
- 5. His hand to guide, his shield to ward;
- 6. The word of God to give me speech,
- 7. His heavenly host to be my guard.

# Words: attributed to St. Patrick (372-466)

Translated by Cecil Frances Alexander, 1889

Adapted for use with Anglican Prayer Beads by Laura Kelly Campbell

## **A Prayer for Peace**

## On The Cross, Pray;

In the Name of God, Father, Son, and Holy Spirit, Amen.

## On The Invitatory Bead;

O God, make speed to save us.

O Lord, make haste to help us.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

#### On The Cruciform Beads;

The peace of God Be with us, the peace of Christ be with us, the peace of the spirit be with us, and with our children, with us and our children.

#### On The Week Beads:

The peace of God, that surpasses all understanding, will guard your hearts and minds.

After Each Week, Pray;

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

## On The Third and Last Month (Four Weeks); On the first Cruciform Bead, say the Lord's Prayer On the Cruciform and Week Beads (Collectively);

Lord, make us instruments of your peace.

Where there is hatred, let us sow love;

Where there is injury, pardon;

Where there is discord, union;

Where there is doubt, faith;

Where there is despair, hope;

Where there is darkness, light;

Where there is sadness, joy.

Grant that we may not so much seek to be consoled as to console;

To be understood as to understand;

To be loved as to love.

For it is in giving that we receive;

It is in pardoning that we are pardoned;

And it is in dying that we are born to eternal life. Amen.

## On The Cross, Pray the Concluding Prayer;

Let us bless the Lord. Thanks Be to God.



